

Get Smart About Your Mouth



Contact

Suwannee River Area Health
Education Center
14646 NW 151st Blvd.
Alachua, FL
386-462-1551
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Free 1-Hour Workshop for Adults 55 & Older

Led by skilled dental
professionals

All participants receive a free
toothbrush, toothpaste, floss &
dental care resources

Tooth Wisdom Workshop

- 1 Hour Workshop
- Learn what to do when health problems keep you from taking care of your mouth.
- A dental professional will show you how to work around these issues.

Workshops in Union & Bradford

- Contact us for more information

Free Screening

After the workshop, the dental professional will look in your mouth for any signs of decay and assess your need for treatment in the state of:

none, early, or urgent

You'll Learn:

- The basics of oral care
- The confidence to take care of your mouth
- The importance of good oral care habits

You'll Get:

- A Toothbrush
- Toothpaste
- Floss
- Educational Materials
- A List of Local Resources for Dental Services

